

DMC'S BENDALE-GLEN ANDREW NEWSLETTER

Issue No. 01 | July 2026 | Published by Dre-Mor Communications

Message from the Editor

Welcome to our first issue of DMC'S Bendale-Glen Andrew Newsletter...

Exploring Bendale-Glen Andrew

Bendale-Glen Andrew is a residential community in central Scarborough, Toronto, known for its cultural diversity,...

In This Issue

- Local Retailer Features
- Neighbourhood Resources
- Upcoming events
- Quick reminders

Updates & Highlights

DMC'S
PARKWOODS-CONNOR HILLS
MARKETPLACE

DMC'S RENTER'S
MARKETPLACE

Quick Notes

Reminder

- We are a monthly publication
- Deadline last week of the month
- Editorial contributions welcomed
- Community Engagement is our goal!

Upcoming Events

- Canada Day at Thomson Memorial Park July 1, 2026
- Taste of Lawrence 2026 July 3 to July 5, 2026
- Kothu Fest 2026 — Saturday, July 4, 2026

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MESSAGE FROM THE EDITOR

Good day all,

Welcome to our first issue of DMC'S Bendale-Glen Andrew Newsletter. Our goal with this initiative is to foster community engagement and show pride in our neighbourhood. I strongly believe a united community can achieve strides in helping build a strong and sustainable collective.

We will cover a vast array of topics that help promote a positive outlook for tenants of apartment and condominium buildings. We aim to connect consumers with local retailers. A strong economic infrastructure can help address shortcomings of any neighbourhood if everyone has the same endgame in mind. We all strive to live a healthy and meaningful life where we at times can assist our fellow neighbours in their time of need. We strongly suggest all that are interested in submitting their positive stories do so monthly. Your input is not only encouraged but immensely appreciated.

Coming from an entertainment and property management background, I have always appreciated exposing and nurturing home-grown talent. So, one of my goals is to feature up and coming local artists from each neighbourhood throughout Toronto, ON. So please let us know if there is anyone who is doing there thing in a positive manner and might need some exposure.

Once we start to gain some traction with this publication we will be coordinating events for a host of different industries. Ranging from music events, sporting events, youth inspired events to name a few. With the participation and input from Bendale-Glen Andrew's residents lets make this a positive vehicle to uplift Bendale-Glen Andrew and make life a little more enjoyable for all.

On another note, we will be launching DMC'S Bendale-Glen Andrew Marketplace, an online initiative to bring consumers and retailers together for a mutually beneficial ongoing relationship. Essentially I am hoping residents of Bendale-Glen Andrew can get some economic relief from local retailers with monthly "Exclusive Offers" and in turn provide a steady stream of business for our local retailers. Any feedback would be appreciated.

Well, I believe I have given a clear picture of what our objectives are and I hope we can include as many of you as possible on this exciting journey. Thanks for allowing us to introduce ourselves and our goals.

God bless!

*If you would like to reach out to us or submit editorial ideas please email us @
dre.mor.comm@gmail.com



THIS MONTH'S FEATURE

Building Skilled Futures in Bendale-Glen Andrew

In a city where opportunity often belongs to those with practical, job-ready skills, the Institute of Technical Trades stands out as a vital training destination for Bendale-Glen Andrew and the broader Scarborough community. Located at 1320 Ellesmere Road, the school connects local learners with one of Canada's most essential career pathways: the skilled trades.

For more than five decades, the Institute has focused on hands-on technical education, particularly in welding and certification preparation. Its programs are designed for people at different stages of life: recent graduates looking for a clear career direction, newcomers building Canadian work experience, experienced tradespeople upgrading credentials, and employers seeking stronger, safer, more capable teams.

What makes this institution especially relevant to Bendale-Glen Andrew is its practical response to a real labour-market need. Across construction, manufacturing, fabrication, transportation, and infrastructure, skilled workers remain in demand. The Institute's emphasis on shop-based learning, industry-recognized testing, and flexible entry points gives students more than classroom theory; it gives them confidence, repetition, safety awareness, and measurable progress.

The school's role also reflects the changing identity of Scarborough itself. Bendale-Glen Andrew is home to families, small businesses, commuters, students, and workers who understand the value of practical education. A local training centre that helps people move directly toward employment, certification, or advancement strengthens not only individual careers but the economic resilience of the neighbourhood.

At its best, trades education is not a fallback—it is a forward-looking choice. The Institute of Technical Trades reminds the community that success can be built with precision, discipline, and determination. For Bendale-Glen Andrew, it represents a bridge between ambition and employability, and a timely reminder that the future still needs skilled hands.



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EMPLOYMENT TRAINING IN BENDALE-GLEN ANDREW

Employment training plays an important role in helping Bendale-Glen Andrew residents prepare for today's job market. From newcomers and young adults to experienced workers looking to upgrade their skills, accessible local training can create a direct path to safer workplaces, better opportunities, and long-term career growth.

THIS MONTH'S FEATURE



WORK SAFE Training Helps Bendale-Glen Andrew Build Safer, Job-Ready Careers

For residents, job seekers, newcomers, and employers in Bendale-Glen Andrew, the right training can open the door to safer workplaces and stronger career opportunities. WORK SAFE Training, located at 1600 Brimley Road in Scarborough, offers practical forklift and workplace safety training designed to help people gain confidence, certification, and real-world skills.

Known as a trusted training centre for individuals and companies across Ontario, WORK SAFE Training supports new operators, experienced operators, career changers, employment agencies, and businesses that need safe, skilled teams. Programs include new operator forklift training, advanced and renewal training, company and group training, workplace safety courses, online training, and forklift safety and compliance audits.

What makes WORK SAFE Training valuable for Bendale-Glen Andrew is its focus on more than a certificate. Students receive hands-on, instructor-led training that builds practical ability, safe operating habits, and workplace readiness. Courses are designed for today's warehouse, logistics, manufacturing, construction, retail distribution, and supply chain environments, where employers want operators who are trained properly from day one.

For beginners, WORK SAFE Training provides a supportive path into forklift operation with industry-recognized certification and job assistance. For experienced workers, renewal and advanced programs help keep skills current and employer ready. For businesses, company and group training can support safer operations, stronger documentation, and audit-ready compliance.

Conveniently serving Scarborough and surrounding communities, WORK SAFE Training is especially accessible to Bendale-Glen Andrew residents near Brimley Road, Ellesmere Road, Scarborough Town Centre, and major transit routes. With weekday hours and Saturday availability, learners can take the next step without travelling far from their community.

In a competitive job market, safety training is more than preparation—it is opportunity. Whether you are looking for your first warehouse role, upgrading your skills, returning to work, or training an entire team, WORK SAFE Training helps turn ambition into action.

Train right. Get certified. Get to work. For Bendale-Glen Andrew, WORK SAFE Training is a local partner in safer careers and stronger workplaces.

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ENTERTAINMENT IN BENDALE-GLEN ANDREW

Entertainment in Bendale–Glen Andrew for July 2026

Bendale–Glen Andrew is well placed for July entertainment, with several free and ticketed events nearby in Scarborough and across Toronto. The options below focus on events that are close to the neighbourhood or easy to reach by TTC, with dates and details available as of late June 2026.

Closest Scarborough Picks

Canada Day at Thomson Memorial Park — Wednesday, July 1, 2026, at 1005 Brimley Road. A free family-friendly celebration in Scarborough with entertainment and community activities.

Taste of Lawrence 2026 — Friday, July 3 to Sunday, July 5, 2026, on Lawrence Avenue East between Warden Avenue and Birchmount Road. Scarborough's major street festival features food vendors, live entertainment, and a lively outdoor atmosphere.

Kothu Fest 2026 — Saturday, July 4, 2026, at Albert Campbell Square, 150 Borough Drive. A free Tamil food and culture festival focused on kothu roti, music, and community celebration.

Scarborough Village Theatre: A Streetcar Named Desire — Friday, July 3 to Saturday, July 18, 2026, at 3600 Kingston Road. A ticketed theatre option for adults and drama fans.

Guild Festival Theatre Family Fest — Friday, July 10 to Sunday, July 12, 2026, at Guild Park & Gardens, 201 Guildwood Parkway. Free performances, workshops, and family activities.

Junior Carnival — Saturday, July 18, 2026, at Malvern Community Centre and Neilson Park, 1555 Neilson Road. A free celebration of young Carnival performers and Caribbean culture.

Scarborough Rib Fest — Friday, July 31 to Monday, August 3, 2026, at Thomson Memorial Park, 1005 Brimley Road. Food, vendors, midway attractions, and entertainment; donations appreciated.

DMC'S BENDALE-GLEN ANDREW MARKETPLACE

*EXCLUSIVE OFFERS FROM LOCAL RETAILERS

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EXPLORING BENDALE-GLEN ANDREW



A Community Profile of a Diverse Scarborough Neighbourhood

Community Overview

Bendale-Glen Andrew is a residential community in central Scarborough, Toronto, known for its cultural diversity, established homes, local parks, and convenient connections to shopping, transit, schools, and community services. The neighbourhood blends quiet residential streets with apartment communities and busy commercial corridors, creating a place that feels both settled and active.

Location and Setting

The neighbourhood sits in the heart of Scarborough, with daily life shaped by major routes such as Brimley Road, Lawrence Avenue East, Sheppard Avenue East, and nearby connections to Scarborough Town Centre. Its location gives residents access to shopping, public services, employment areas, and transit links while still offering the calmer feel of an established suburban community.

People and Community Character

Bendale-Glen Andrew is often described as one of Scarborough's multicultural neighbourhoods. Families, newcomers, long-time residents, seniors, renters, and homeowners all contribute to its community fabric. Local shops, restaurants, faith communities, schools, libraries, and recreation spaces help support a welcoming and practical neighbourhood environment.

Housing and Built Form

The housing mix includes mid-century detached and semi-detached homes, bungalows, split-level houses, townhomes, and high-rise apartment buildings. This variety supports different household sizes, incomes, and stages of life. Mature trees, modest front yards, and older residential streets give parts of Bendale-Glen Andrew a well-established neighbourhood character.

Parks, Recreation, and Green Space

Green space is an important part of the local lifestyle. Nearby parks and ravines, including Bendale Park, Glen Andrew Park, Birkdale Ravine, and Thomson Memorial Park, provide space for walking, play, sports, picnics, and informal gatherings. These outdoor places help connect residents to nature while supporting recreation for children, youth, adults, and seniors.

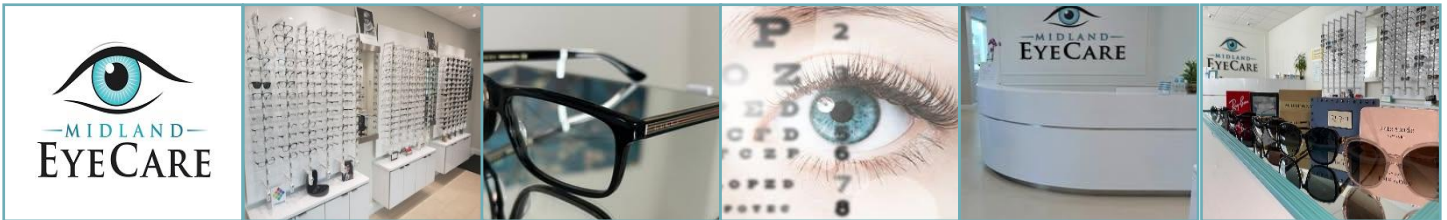
Services, Schools, and Amenities

Residents have access to local schools, community centres, public library services, grocery stores, restaurants, medical offices, and shopping areas. Scarborough Town Centre and nearby civic facilities add to the neighbourhood's convenience, while smaller plazas and local businesses provide everyday goods and services close to home.

EYE CARE IN BENDALE-GLEN ANDREW

In Bendale-Glen Andrew, eye care is an essential part of everyday community health. From students and commuters to families and older adults, residents rely on accessible vision services to support learning, work, independence and long-term wellness. As the neighbourhood continues to grow and change, local optometry clinics play an important role in helping people protect their sight, manage emerging concerns and stay connected to the care they need close to home.

THIS MONTH'S FEATURE



Seeing Community Care Clearly at Midland EyeCare

Good vision affects every part of daily life, from success in school and productivity at work to safe driving and maintaining independence as we age. For residents of Bendale–Glen Andrew and the surrounding Scarborough community, having access to comprehensive eye care close to home is an important part of maintaining long-term health and wellness.

At Midland EyeCare, located at 2025 Midland Avenue, patients receive personalized eye care tailored to their individual needs. Led by Dr. Subadra Arunagirinathan (Dr. Arun), the clinic combines advanced diagnostic technology with a patient-first approach designed to help individuals and families protect their vision for years to come.

Whether you're due for a routine eye examination, experiencing headaches or eye strain from increased screen use, concerned about your child's vision, or noticing changes in your eyesight, regular eye exams are an important step in maintaining long-term eye health. Many eye diseases develop gradually and often show few symptoms in their early stages, making preventive care especially important.

Midland EyeCare offers a wide range of services, including comprehensive eye exams, dry eye treatment, myopia control for children, specialty contact lenses, scleral lenses, ortho-k, digital eye strain management, and the diagnosis and management of eye diseases. Patients of all ages, from young children to seniors, can find care tailored to their stage of life and visual needs.

In addition to clinical services, Midland EyeCare features an optical boutique with a broad selection of eyewear for every lifestyle and budget. From affordable everyday frames to premium designer and luxury collections, patients can find options that combine style, comfort, and quality.

What sets a neighbourhood clinic apart is the opportunity to build lasting relationships. Patients benefit from clear explanations, thorough examinations, and a welcoming environment where questions are encouraged and eye health is treated as an essential part of overall wellness.

Conveniently located and offering direct billing to many insurance providers, Midland EyeCare makes accessing quality eye care easier for busy families, students, seniors, and working professionals.

As our community continues to grow, taking care of your vision remains one of the most important investments you can make in your health. If it has been more than a year since your last eye exam, or if you're experiencing changes in your vision, now may be the perfect time to schedule a visit and ensure your eyes remain healthy for years to come.

To learn more or book an appointment, contact Midland EyeCare and discover how proactive eye care can help you see clearly today while protecting your vision for the future.



Book Your
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FITNESS IN BENDALE-GLEN ANDREW



Raeden Fitness Brings Community-First Training to Bendale–Glen Andrew

In a neighbourhood where wellness is increasingly about connection as much as conditioning, Raeden Fitness has carved out a distinctive place in Scarborough's Bendale–Glen Andrew community.

Located at 2115 Midland Avenue, Unit 5, Raeden Fitness presents itself as more than a place to lift weights or log another workout. Its public messaging emphasizes support, motivation, and progress, with group fitness classes designed for a wide range of experience levels—from people just beginning a wellness journey to seasoned athletes looking for a fresh challenge. That positioning matters in Bendale–Glen Andrew, an area where residents often look for practical, approachable services close to home rather than impersonal destination gyms.

The studio's programming reflects a modern understanding of fitness: consistency is easier when people feel welcomed. Raeden's classes are promoted as scalable, energizing, and community-oriented, with options that include strength training, high-intensity conditioning, and recovery-focused work. The gym also offers one-on-one personal training and semi-private support for members who want a more tailored plan. For newcomers, the promise of a free consultation and tour helps lower the barrier to entry, turning the first step into a conversation rather than a commitment made in uncertainty.

What gives Raeden Fitness its editorial appeal is the way it frames exercise as a shared habit. Its community language is not simply branding; it is reinforced through social runs, group challenges, milestone celebrations, and a visible emphasis on members encouraging one another. In an industry often dominated by large-format clubs and transactional memberships, Raeden's smaller-studio model feels intentionally local. It suggests a gym where staff know names, progress is noticed, and showing up can become part of a person's weekly rhythm.

For Bendale–Glen Andrew residents, that local identity is important. Fitness spaces succeed when they match the lives of the people around them: early mornings before work, evening sessions after long commutes, and approachable coaching for people balancing family, recovery, or confidence-building. Raeden Fitness appears to understand that wellness is rarely a solo project. It is shaped by routine, encouragement, and an environment that makes people want to return.

In a corner of Scarborough where community ties remain central to everyday life, Raeden Fitness offers a compelling example of what a neighbourhood gym can be: not just a room of equipment, but a gathering place built around movement, accountability, and belonging. For anyone in Bendale–Glen Andrew seeking a more personal route into fitness, Raeden's appeal lies in its simple promise—work hard, feel supported, and grow alongside others.

A promotional banner for Raeden Fitness. On the left, a photo shows several people exercising in a gym. The Raeden Fitness logo is overlaid on the photo. Below the logo, the address '2115 Midland Ave, Unit 5' is listed. To the right, a black oval contains the text 'Fitness Classes', 'Personal Training', 'Therapy', and 'Run Club'. Further right is a QR code with a smartphone icon and the text 'Scan to try 10 classes for only \$29.99'.

TENANT ADVOCACY IN BENDALE-GLEN ANDREW

How to Handle Common Rental Disagreements

Tenant Issue	Immediate Action Required	Key Rule to Remember
Pests & Disrepair	Document everything with photos. Submit a formal request to your landlord in writing.	Never withhold rent , as this is grounds for legal eviction. Instead, file a T6 maintenance form with the LTB.
Landlord Inaction	Call 311 to file a complaint with the city's RentSafeTO Program .	The city has escalating powers to execute safety repairs itself and bill negligent landlords directly.
Illegal Rent Hikes	Check if your building is rent-controlled (occupied before Nov 15, 2018).	Landlords cannot exceed the provincial guideline maximum without an approved Above Guideline Increase (AGI).
Harassment or Threats	Report the landlord to Ontario's Rental Housing Enforcement Unit (RHEU) at 1-888-772-9277 .	Forcing a tenant into a repayment plan or using harassment to force a move-out is illegal.

If you have a scheduled hearing with the LTB, you can sign up for free, same-day legal advice through the [Advocacy Centre for Tenants Ontario \(ACTO\) Tenant Duty Counsel](#).



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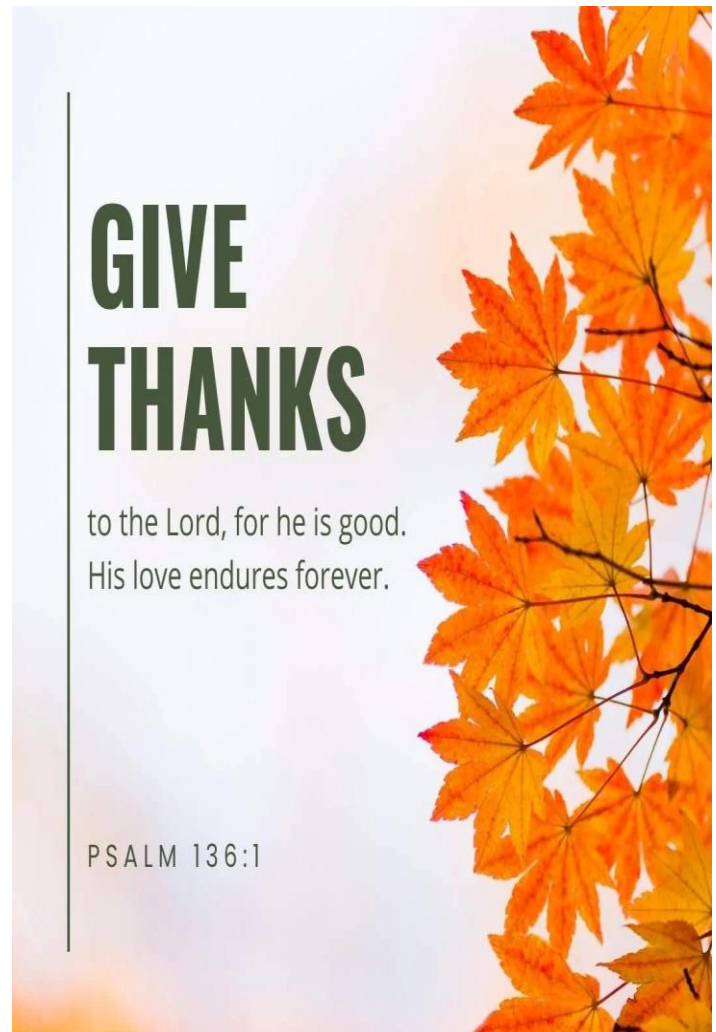
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GIVE THANKS

to the Lord, for he is good.
His love endures forever.

PSALM 136:1

YOUTH NEWS IN BENDALE-GLEN ANDREW



Here is a quick July 2026 roundup of youth programs, recreation options, leadership opportunities, and support services for young people and families in and around Bendale-Glen Andrew.

JULY HIGHLIGHTS

- City of Toronto summer recreation programs begin the week of June 29, with youth activities offered across community recreation centres.
- CampTO runs through the summer for children and youth, including programs for ages 13 to 16 and Counsellor-in-Training options.
- Free and supervised youth spaces across Toronto offer drop-in programming, recreation, Wi-Fi, creative activities, music, study space, and leadership opportunities.
- Local youth and family support services are available through Scarborough-based community organizations, including counselling, outreach, employment readiness, and housing supports.

PROGRAMS AND OPPORTUNITIES

Recreation and Summer Camps

The City of Toronto is offering summer recreation and CampTO programming throughout July. Families can look for nearby options in Scarborough recreation centres and schools, including sports, arts, swimming, day camps, and youth leadership activities. Registration and availability may vary by location.

Youth Leadership and Employment

Youth ages 13 to 16 can explore leadership pathways through Counsellor-in-Training programs and local volunteer opportunities. The Toronto District School Board's Focus on Youth program also supports summer employment and training for students from July 2 to August 7, 2026.

DROP-IN SPACES AND COMMUNITY SUPPORT

Youth can connect with supervised drop-in spaces, community recreation staff, Youth Outreach Workers, and neighbourhood organizations for help with recreation, mentorship, mental health, employment readiness, and social connection.

JOIN OUR TEAM

JOURNALIST / WRITERS

Are you passionate about writing? We are looking for positive opinionated individuals. You will be part of a team of journalists responsible for the editorial content of our monthly "DMC'S COMMUNITY NEWSLETTERS". Co-op and Internship opportunities are also available for the right motivated individuals.

GRAPHIC DESIGNERS

Are you passionate about design? We are looking for creative-minded individuals. You will be part of a team responsible for the design and layout of our monthly "DMC'S COMMUNITY NEWSLETTERS". Co-op and Internship opportunities are also available for the right motivated individuals.

PHOTOGRAPHERS

Are you passionate about photography? We are looking for outgoing and passionate individuals. You will be part of a team responsible for covering a variety of community events for our monthly "DMC'S COMMUNITY NEWSLETTERS". Co-op and Internship opportunities are also available for the right motivated individuals.

COPY EDITORS

Are you passionate about writing? We are looking for focused individuals who can refine written text to ensure clarity, consistency, and grammatical accuracy while preserving the author's voice. You will be part of a team responsible for editing articles for our monthly "DMC'S COMMUNITY NEWSLETTERS". Co-op and Internship opportunities are also available for the right motivated individuals.

SALES CONSULTANTS

We are looking for confident individuals who understand Consultative Selling. The Sales Consultant's objective is to secure ongoing online advertising for our various brands. The focus will be on Display Ads for our regional newsletters and regional online marketplace incentive ads. Want to learn about sales and marketing? We will consider motivated and professional candidates.

STREET TEAM MEMBERS

We are looking for confident outgoing individuals who understand Street Level Marketing. Our objective is to be everywhere with our brands. With a vision of covering over 100 neighbourhoods throughout Toronto, ON. We are planning strategic approaches for the ultimate visibility. Co-op and Internship opportunities are also available for the right motivated individuals.

CONTACT US VIA EMAIL: dre.mor.comm@gmail.com